

Patient Name \_\_\_\_\_ Today's Date \_\_\_\_\_

Age \_\_\_\_\_ Birthdate \_\_\_\_\_ Current Height: \_\_\_\_\_ ft. \_\_\_\_\_ in. Current Weight: \_\_\_\_\_ lbs

What is your reason for your visit today? \_\_\_\_\_

**Current symptoms:** (Please check all that apply)

- ☐ Aching / Pain
- ☐ Heaviness
- ☐ Tiredness / Fatigue
- ☐ Itching / Burning / Warmth
- ☐ Leg cramping
- ☐ Throbbing
- ☐ Leg restlessness
- ☐ Swelling
- ☐ Skin discoloration
- ☐ Skin or ulcer problems
- ☐ Bleeding from veins

**Check if you've had any of the following:**

- |  |  |
|--|--|
| <input type="checkbox"/> Heart disease                     | <input type="checkbox"/> Asthma / COPD                     |
| <input type="checkbox"/> Peripheral arterial disease (PAD) | <input type="checkbox"/> Major surgery / hospitalizations: |
| <input type="checkbox"/> HIV                               |  |
| <input type="checkbox"/> Hepatitis                         |  |
| <input type="checkbox"/> High blood pressure               | _____  |
| <input type="checkbox"/> Diabetes                          |  |
| <input type="checkbox"/> Cancer                            | _____  |
| <input type="checkbox"/> Kidney disease                    |  |
| <input type="checkbox"/> Auto-immune                       | _____  |
| <input type="checkbox"/> Leg trauma / surgery              | _____  |

**Annual Immunization:**Did you receive a flu shot during the "Flu season" (August-March)? ☐ Y ☐ N If yes, date of shot \_\_\_\_\_Did you receive a Pneumococcal shot? ☐ Y ☐ N If yes, date of shot \_\_\_\_\_**Please check below if you have, or have had, any of the following:**

A prior evaluation for your veins \_\_\_\_\_ (yr) Previous vein surgery or laser treatments \_\_\_\_\_ (yr) \_\_\_\_\_ Right \_\_\_\_\_ Left

Previous vein injections? \_\_\_\_\_ (yr) \_\_\_\_\_ Right \_\_\_\_\_ Left Bleeding from a vein? \_\_\_\_\_ (yr) \_\_\_\_\_ Right \_\_\_\_\_ Left

A leg ulceration? \_\_\_\_\_ (yr) \_\_\_\_\_ Right \_\_\_\_\_ Left

Superficial thrombophlebitis or an inflammation of a vein? \_\_\_\_\_ (yr) \_\_\_\_\_ Right \_\_\_\_\_ Left \_\_\_\_\_ (Location)

Any type of blood clot? \_\_\_\_\_ (yr) \_\_\_\_\_ Right \_\_\_\_\_ Left \_\_\_\_\_ (Location)

Any type of clotting disorder? \_\_\_\_\_ (Diagnosis)

Diagnosed with a PFO (patent foramen ovale?) ☐ Y ☐ N**Restless Legs Syndrome:** (Please check all that apply)

- ☐ Do you find the need to move your leg(s) to relieve an uncomfortable feeling?
- ☐ Do(es) your leg(s) feel better when moving it (them) or walking?
- ☐ Are your legs symptoms worse when sitting or resting, without elevating your leg(s)?
- ☐ Are your leg symptoms worse later in the day or night?

**Conservative Measures Used Currently or Previously:** (Please check all that apply)

- |  |  |
|--|--|
| <input type="checkbox"/> Exercise        | <input type="checkbox"/> Job change  |
| <input type="checkbox"/> Weight loss     | <input type="checkbox"/> Have you worn compression stockings or leg wraps? |
| <input type="checkbox"/> Leg elevation   | If yes, what was the strength of the stockings?                            |
| <input type="checkbox"/> Pain medication | _____ mmHg   |

**Women Only:** (Please check all that apply)

- ☐ Are you pregnant or considering a pregnancy sometime in the future?
- ☐ Are you breast feeding?
- ☐ Are your legs more painful with menstruation?
- ☐ Do you have bulging veins as a result from pregnancy?

**Symptoms:** Check (✓) symptoms you currently have or have had in the past year.

**GENERAL**

- ☐ Chills
- ☐ Depression
- ☐ Dizziness
- ☐ Fainting
- ☐ Fever
- ☐ Forgetfulness
- ☐ Headache
- ☐ Loss of sleep
- ☐ Loss of weight
- ☐ Nervousness
- ☐ Numbness
- ☐ Sweats

**MUSCLE/JOINT/BONE**

Pain, weakness, numbness in:

- ☐ Arms
- ☐ Back
- ☐ Feet
- ☐ Hands
- ☐ Hips
- ☐ Legs
- ☐ Neck
- ☐ Shoulders

**GASTROINTESTINAL**

- ☐ Appetite poor
- ☐ Bloating
- ☐ Bowel changes
- ☐ Constipation
- ☐ Diarrhea
- ☐ Excessive hunger
- ☐ Excessive thirst
- ☐ Gas
- ☐ Hemorrhoids
- ☐ Indigestion
- ☐ Nausea
- ☐ Rectal bleeding
- ☐ Stomach pain
- ☐ Vomiting
- ☐ Vomiting blood

**CARDIOVASCULAR**

- ☐ Chest pain
- ☐ High blood pressure
- ☐ Irregular heart beat
- ☐ Low blood pressure
- ☐ Poor circulation
- ☐ Rapid heart beat
- ☐ Swelling of ankles
- ☐ Varicose veins

**EYE, EAR, NOSE, THROAT**

- ☐ Bleeding gums
- ☐ Blurred vision
- ☐ Crossed eyes
- ☐ Difficulty swallowing
- ☐ Double vision

- ☐ Earache
  - ☐ Ear discharge
  - ☐ Hay fever
  - ☐ Hoarseness
  - ☐ Loss of hearing
  - ☐ Nosebleeds
  - ☐ Persistent cough
  - ☐ Ringing in ears
  - ☐ Sinus problems
  - ☐ Vision - Flashes
  - ☐ Vision - Halos
- SKIN**
- ☐ Bruise easily
  - ☐ Itching
  - ☐ Scars
  - ☐ Sore that won't heal

**Family Health History:** (Fill in the health information about your family)

Relation	Age	State of Health	Age at Death	Cause of Death
Father				
Mother				

A family history of vein disease? \_\_\_\_\_

A family history of blood clots? \_\_\_\_\_

A family history of a clotting disorder? \_\_\_\_\_

**Hospitalization(s) and Surgeries**

Year	Hospital Name	Reason for Hospitalization and Outcome

**Health Habits:** (Please check all that apply)

Alcohol ☐ Y ☐ N Tobacco Use ☐ Y ☐ N Inhaled Marijuana ☐ Y ☐ N Exercise ☐ Y ☐ N  
Occupation: \_\_\_\_\_

**Allergies and Allergic Responses:** or NO Known drug allergies?

\_\_\_\_\_  
Rash / Nausea / Vomiting | Diarrhea | Shortness of breath | Anaphylaxis | Other: \_\_\_\_\_  
\_\_\_\_\_  
Rash / Nausea / Vomiting | Diarrhea | Shortness of breath | Anaphylaxis | Other: \_\_\_\_\_  
\_\_\_\_\_  
Rash / Nausea / Vomiting | Diarrhea | Shortness of breath | Anaphylaxis | Other: \_\_\_\_\_

**Current Medications:** Include prescription drugs, over-the-counter drugs, vitamins, minerals, herbals, dietary (nutritional) supplements

Medication	Dose	Frequency	Route
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____

**Preferred Pharmacy (Name and Location)** \_\_\_\_\_

I certify that the above information is correct to the best of my knowledge. I will not hold my doctor or any members of his/her staff responsible for any errors or omissions that I may have made in the completion of this form.



\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Date